

### PLANET FRIENDLY MONDAY

### TUESDAY

### PLANET FRIENDLY WEDNESDAY

### THURSDAY

### FRIDAY

#### 1<sup>st</sup> CHOICE

Homemade macaroni cheese  
served with Homemade  
tomato bread &  
roasted Mediterranean  
vegetables  
(V)

Cheese & potato Pie  
served with, carrots,  
cauliflower  
And gravy  
(V)

Cauliflower & chickpea  
korma  
served with rice, naan  
bread fingers & seasonal  
vegetables  
(V)

Minty crispy topped  
Shepherdess's Pie  
served with  
Seasonal vegetable  
(VE)

Vegetable nuggets  
served with chips,  
garden peas or  
baked beans  
& ketchup  
(VE)

#### 2<sup>nd</sup> CHOICE

Tex Mex bean  
Chilli taco  
served with  
savoury vegetable  
Rice  
(VE)

Minty crispy topped  
Shepherd's Pie  
served with  
Seasonal vegetable

Traffic light  
pizza  
served with  
baked potato wedges,  
peas & sweetcorn  
(V)

Roast Chicken  
served with Potatoes,  
Yorkshire pudding,  
carrots, cauliflower  
And gravy

Fish fingers or  
salmon fish fingers served  
with  
chips, garden peas or  
baked beans  
& ketchup

#### DESSERTS

Choose One of Our  
Fabulous Desserts  
Apple & berry crumble  
Fruit yogurt & coulis  
Fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Lemon Drizzle Cake  
Fruity jelly  
fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Caramel mousse with  
Bananas  
Fruit yogurt & coulis  
Fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Victoria Sponge Cake  
fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Fruit yogurt & coulis  
Fruity jelly  
fresh fruit pot

Making lunchtime the **highlight** of your day

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#### 1<sup>st</sup> CHOICE

Margherita  
wholemeal pizza  
served with  
baked potato wedges,  
peas & sweetcorn  
(V)

Golden baked falafel  
in a pitta bread served with  
garlic mayonnaise &  
warm cous cous salad  
(V)

Sticky Asian  
Powerballs  
served with  
egg fried  
vegetable Rice  
(V)

Crispy Topped baked  
lentil Roast  
served with roast  
potatoes, carrots,  
broccoli, Yorkshire  
pudding and gravy  
(V)

Cheese, onion &  
mixed Pepper flakey  
pastry roll  
served with chips, garden  
peas or  
baked beans & ketchup  
(V)

#### 2<sup>nd</sup> CHOICE

Jambalaya Jamboree  
served with  
crusty wholemeal  
bread & salad  
(VE)

Jacket potato  
with beans (VE) &  
cheese (V) served with  
Fresh salad

Roasted bean &  
Vegetable lasagne served  
with wholemeal garlic &  
herb bread, fresh salad  
(V)

Roast turkey  
served with roast  
Potatoes, carrots,  
broccoli, Yorkshire  
pudding and gravy

Breaded fish fingers  
served with chips,  
garden peas or  
baked beans  
& ketchup

#### DESSERTS

Choose One of Our  
Fabulous Desserts  
Strawberry mousse with  
Mixed Berry compote  
Fruit yogurt & coulis  
Fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Syrup Sponge  
Fruity jelly  
fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Sticky pineapple Cake  
Fruit yogurt & coulis  
Fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Fruit yogurt & coulis  
fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Fruity jelly  
fresh fruit pot

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#### 1<sup>st</sup> CHOICE

Cheese & tomato  
Swirl  
served with  
savoury vegetable  
Rice  
(v)

Jerk sweet potato &  
black bean  
served with  
Rice & Bean Stew  
(V)

Big bold planet  
saving bolognese  
served with spaghetti,  
wholemeal garlic & herb  
bread, Seasonal  
vegetable  
(VE)

Herby quorn Sausage  
roast  
served with  
mashed potatoes,  
carrots, cabbage,  
Yorkshire pudding and  
Gravy (V)

Crispy seaside fingers  
served with chips, garden  
peas or  
baked beans  
& ketchup  
(VE)

#### 2<sup>nd</sup> CHOICE

Rainbow sizzling  
Chinese stir fry  
served with  
Noodles  
(VE)

Jerk marinated  
chicken thigh  
served with rice  
& beans

Chefs special moussaka  
served with wholemeal  
garlic & herb bread,  
Seasonal vegetable  
(V)

Roast Chicken  
served with  
mashed Potatoes, carrots,  
cabbage, Yorkshire  
pudding and gravy

Breaded Fish fillet  
served with chips,  
garden peas or  
Baked beans  
& ketchup

#### DESSERTS

Choose One of Our  
Fabulous Desserts  
Fruit yogurt & coulis  
Fruity jelly  
fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Carrot Cake  
Fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Chocolate mousse with  
orange wedge  
Fruit yogurt & coulis  
Fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Chocolate & orange cake  
fresh fruit pot

Choose One of Our  
Fabulous Desserts  
Fruit yogurt & coulis  
Fruity jelly  
fresh fruit pot

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