The Alton School

Weekly menu

WEEK ONE: W/C 5/9, 26/9, 17/10, 14/11, 5/12, 9/1, 30/1/23

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Margherita or Sweet Pepper, Olive & Pesto Pizza with Chef's Salad Eggs, Milk, Soybeans, Wheat	Cottage Pie with Caramelised Onion & Thyme Gravy	Piri Piri Chicken with Sweetcorn Rice, Crunchy Coleslaw & Piri Piri Lemon & Herb Dressing Eggs, Milk, Mustard, Wheat	Beef Penne Pasta with Garlic & Herb Focaccia Bread Eggs, Milk, Soybeans, Wheat	Battered Fish with Chips & Tomato Sauce Fish, Wheat
Indian Style Vegetable Biryani with Chickpea Dahl Wheat	Tomato & Basil Pasta with Cheddar Cheese & Herb Bread Eggs, Milk, Soybeans, Wheat	Red Pepper & Sweet Potato Pattie with Sweetcorn Rice, Crunchy Coleslaw & Piri Piri Lemon & Herb Dressing Eggs, Milk, Mustard, Wheat	Pasta Primavera with Garlic & Herb Focaccia Bread Eggs, Milk, Soybeans, Wheat	Wholemeal Cheddar Cheese & Spinach Quiche with Chips Eggs, Milk, Wheat
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
Apple Crumble with Custard Milk, Wheat	Chocolate & Orange Sponge with Chocolate Sauce Eggs, Milk, Wheat	Portuguese Style Mini Orange Cake with Fresh Orange Wedges Eggs, Milk, Wheat	Berry Swirl Sponge with Custard Eggs, Milk, Wheat	Harrison Bear Chocolate Shortbread with Fresh Fruit Wedges Wheat

Available daily
Please ask the catering manager for food allergen information

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.

HARRISON
food with thought

The Alton School

Weekly menu

WEEK TWO: W/C 12/9, 3/10, 31/10, 21/11, 12/12,16/1, 6/2/23

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese with Tomato & Basil Focaccia Bread Eggs, Milk, Soybeans, Wheat	Jacket Potato with Mild Beef Chilli & Sour Cream Milk, Wheat Jacket Potato with Baked Beans & Cheddar Cheese Milk	Chicken Tikka Masala with Pilau Rice Milk, Wheat	Beef Bolognaise with Fusilli Pasta & Tomato & Herb Breadstick Eggs, Milk, Soybeans, Wheat	Battered Fish with Chips & Tomato Sauce Fish, Wheat
Sweet Potato Stir with Spiced Vegetable Rice	Thai Style Salmon Fishcake with Sweet Chilli Sauce & Coconut Pilaf Fish, Milk, Wheat	Sweet Potato, Carrot & Courgette Pakoras with Dhal & Pilau Rice Wheat	Tuscan Style Tomato & Bean Sauce with Fusilli Pasta & Chef's Salad Wheat	Chilli Bean Wrap with Salsa & Chips Wheat
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
Lemon Sponge with Custard Eggs, Milk, Wheat	Carrot & Orange Cake with Custard Eggs, Milk, Wheat	Ice Cream with Fresh Fruit Wedges Milk	Marbled Sponge with Chocolate Sauce Eggs, Milk, Wheat	Oat & Raisin Cookie with Fresh Fruit Wedges Eggs. Wheat

Available daily
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Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

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food with thought

The Alton School

Weekly menu

WEEK THREE: W/C 19/9, 10/10, 7/11, 28/11, 2/1, 23/1/23

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Style Tomato & Herb Pasta with Garlic & Herb Breadstick Eggs, Milk, Soybeans, Wheat	BBQ Style Chicken with Vegetable Rice & Winter Fruity Coleslaw Eggs, Milk, Mustard, Wheat	Mexican Style Soft Chilli Beef Taco & Toppings (Cheese, Salsa, Sour Cream) with Refried Beans & Mexican Style Rice Milk, Wheat	Chicken Sausages with Mashed Potatoes	Battered Fish with Chips & Tomato Sauce Fish, Wheat
Japanese Style Sweet Potato, Carrot & Chickpea Curry with Egg Fried Rice Eggs, Milk, Soybeans, Wheat	Cheese & Chive Vegetable Pasta with Tomato Focaccia Bread Eggs, Milk, Soybeans, Wheat	Mexican Style Vegetable Fajita & Toppings (Cheese, Salsa, Sour Cream) with Refried Beans & Mexican Style Rice Milk, Wheat	Pesto Style Pasta with a Mediterranean Style Salad with Olives & Croutons Eggs, Milk, Soybeans, Wheat	Carrot & Chickpea Falafel Pitta with Tomato Relish. Rainbow Ribbon Salad & Chips Mustard, Wheat
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
Pineapple & Orange Sponge with Custard Eggs, Milk, Wheat	Apple & Berry Oat Bar with Custard Milk, Wheat	Jelly with Fresh Fruit Wedges	Chocolate Sponge with Chocolate Sauce Eggs, Milk. Wheat	Harrison Bear Lemon Shortbread with Fresh Fruit Wedges Wheat

Available daily
Please ask the catering manager for food allergen information

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

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